

Camp Rules

Here at the University of North Dakota, we want to provide you with the best environment possible so that you may have a great experience during our camp! To make that possible, we have put together some camp rules to abide by.

Safety Rules

- Always wear a helmet during hitting portion of the camp
- Look around you before swinging
- When throwing make sure to be aware of your surroundings
- If you are catching a pitcher, make sure to be fully geared
- Do not leave things laying around on the ground (I.E. Balls, bats, gloves)
- Do not run while holding a bat
- If you feel uncomfortable doing a drill, let an instructor know

Communication Rules

- Be respectful of your fellow campers and instructors
- Bullying, foul language, harassment or behavior deemed abusive will not be tolerated and could result in dismissal from camp
- Always pay attention when instructors are speaking
- If you need assistance of any kind, or you injure yourself during camp, let an instructor know so they provide you with the assistance you may need
- Report any soreness or injuries previous to camp to the trainer on site before participating so proper stretches can be provided.

Illegal Substance Rules

- Prohibit the use of alcohol and other illegal substances. Campers may not possess, use, distribute, or sell alcoholic beverages, drugs, firearms, weapons or fireworks. (Campus regulation)
- UND is a tobacco free campus, so campers are prohibited from the use of any source of tobacco. (I.E. smoking, chewing tobacco.)

Please sign and date this paper and turn it into the registration table at camp!

Parent/ Guardian Signature: _____ Date: _____

Camper Signature: _____ Date: _____